

# New York



# Cycle Club Inc.

MONTHLY BULLETIN - FEBRUARY 1976

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## FEBRUARY MEETING

2nd THURSDAY  
FEBRUARY 12, 1976  
RINALDO'S  
32 E. 32 St., N.Y.C.  
1 Fl. Up - 6 p.m.

Deadline for material  
for next Bulletin  
Feb. 24, 1976

New York Cycle Club  
Special Menu

NEXT MEETING  
TO BE HELD  
AT

Rinaldo's  
32 EAST 32<sup>ND</sup> ST.  
BETWEEN PARK & MADISON

ON  
THURSDAY - FEB. 12<sup>TH</sup>  
DINNER AT 7 SHARP  
SLIDE SHOW  
TO FOLLOW

# Menu

PRICE OF ENTRÉE INCLUDES  
GARLIC BREAD, BREAD STICKS,  
SALAD, VEGETABLES, DESSERT,  
COFFEE, TAX & TIP.

1. SPAGHETTI & MEAT BALLS \$6.00

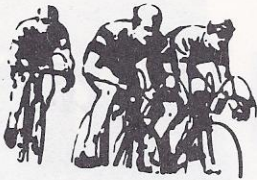
2. CHOPPED SIRLOIN,  
POTATO & VEGETABLE \$6.50

3. VEAL PARMESAN  
& SPAGHETTI \$7.50

4. FISH, POTATO  
& VEGETABLE \$7.50







## Rides For The Month



- a) 1 Sun Feb TOUR OF SOUTH SHORE B C 35-40 miles. Leader: Harry Lack. Meet 10:00AM at the Riis Park parking lot, near the entrance. Ride to Far Rockaway, Atlantic Beach, Long Beach and return.
- b) 1 Sun Feb CENTRAL PARK METRIC CENTURY B ride. Leader: Ernie Lampeter rides from the Central Park Boathouse at 9:00AM.
- 7 Sat Feb TOUR OF LLOYD'S HARBOR B ride 35-40 miles. Maps provided as Leader Bill Recht and Co-Leader Hubie Girard try once more. Ride at 10:00AM from I.U.Willets.
- 8 Sun Feb I.U.WILLETS HALF CENTURY B ride. Co-Leaders Steve Bauman and Ron Kahn riding from I.U.Willets on Josh Levin's marked route. Ride starts at 10:00AM.
- 12 Thur Feb MONTHLY MEETING --- NOTE NEW MEETING PLACE Rinaldo's Restaurant, 32 East 32nd St N.Y.C. 2nd floor (Bet. Park and Madison)
- 12 Thur Feb LINCOLN'S BIRTHDAY RIDE B ride leaving Milkmaid Diner at 9:30AM. Mileage to be determined by those who participate. Leader Ron Kahn, with a route to be determined.
- 14 Sat Feb ST. VALENTINES DAY "MASSACRE CENTURY" A+ ride. Mystery ride leaving Milkmaid at 7:00AM. Leader Ron Kahn expects to return to the diner by 9:00AM to catch on with the regular ride. Expect the worst in terms of hills, speed and anything else you don't like.
- 16 Mon Feb CENTRAL PARK METRIC CENTURY B ride. Leader Jim Rex leaves from the Central Park Boathouse at 9:00AM.
- 21 Sat Feb LONG ISLAND METRIC CENTURY B ride. Leader "Clincher Cincher" Josh Levin leaves I.U.Willets at 10:00AM blazing a new route. Maps will be provided so come and see how it's done. The pace will be moderate.
- ✓ 22 Sun Feb TIME TRIALS IN CENTRAL PARK 5-10-25 miles and more. Co-Leaders Bill Hoffman and Irv Weisman expect lots of fun. Bring a watch if you have one. Event starts 10:00AM by the Boathouse. A Special Surprise is planned.
- 28 Sat Feb Dial A Ride with Ralph Irizarry. Give Ralph a call at 212-824-3235 if you'd like to ride 25 or more fast paced miles in Central Park. Tentatively 10:00AM at the Boathouse.
- ✓ 29 Sun Feb ROCKEFELLER ESTATE RIDE Celebrate the Leap Year with a fantastic ride led by Leader Extraordinaire Ray Cartier. Hope you can all make it as a SAG WAGON will be provided. Meet 9:30 to ride 10:00AM from the Milkmaid Diner. Lunch on the route. There will be fast and slow groups, so DON'T WORRY ABOUT BEING LEFT BEHIND.

# TIME 2 RENEW



## REGULAR RIDES



I.U.WILLET'S Rd. School, Sat & Sun at 10:00AM. Directions: LIE exit 39 south, 1 mile ahead on Guinea Woods Rd. Pre-Ride breakfast 9:00AM at Howard Johnson's by LIE exit 37, Saturdays. 1 hr. or less by car.

MILKMAID DINER Saturdays 9:15 AM at Mamaroneck & Rosedale Ave.'s in White Plains. Take Hutchinson Pkwy. to Mamaroneck Ave. Go north about a mile. Free parking at the bank's lot across the street.

BEDFORD VILLAGE Sundays, 9:15 AM from the Firehouse.

BRIDGEHAMPTON Sundays. Meet 9:30 to ride 10:00AM. Montauk Hwy (Rt 27) in Bridgehampton, L.I. Free parking at Grant's Shopping Center. Allow 2 hrs. driving time from N.Y.C.

## RIDES UPDATE

Apparently 80% of the Club does not ride during the winter. This estimate shouldn't be so surprising as I doubt more than 50% ride during the summer. Of course this is based upon regular and listed rides; but as a Club member participation on these rides is what counts.

Winter riding is a significantly different experience than "comfortable" weather riding. I won't discuss the merits of one as opposed to the other, for if you don't know by now you probably don't care to.

Remember, those who ride now usually lead later. They deserve their rides as they put in YEAR ROUND effort to not only advance themselves, but to benefit the Club. Why should these riders settle for what they consider to be winter type rides later on in the season? They won't and they shouldn't. Thus the abundance of longer and more difficult rides when most Club members are just beginning to brush the dust off their bikes. Basically, sunlight determines when the serious cyclist rides; we strive to overcome all other obstacles. This doesn't mean that we're bent, but that we view cycling as an esthetic experience, occasionally rewarding, occasionally disappointing, but never dull.

Start riding now. Don't let yourself get out of condition. Make your voice heard on the road, on Club rides; after all, isn't that why you joined a CYCLING CLUB? There's a message in that name. Cyclopaths do exist, and we ride all year round. Come out and join us.

Hopefully by late March we'll have a new system of mapped routes (possibly marked) in Westchester that should benefit many Club riders. Once a month, all summer, there will be 25, 50 and 100 mile patch rides emanating from Milkmaid Diner. This is intended to supplement the I. U. Willets series. The 25 will be to Armonk and back. The route is easy. The 50 will be to Bedford, Armonk, and return. There will be easy and hard routes as we want you all to be able to do the 50. The Century will be difficult. We will take a strenuous route to Bedford, on to Ridgefield, down to New Canaan, and up and down to the Diner. The starting time will most likely be the same as the regular Saturday ride, except for the century.

The Rides Committee hopes that this monthly event will be popular, bringing out riders of all kinds. Weak and strong riders can thus ride together as they do their own thing. Break our clusters together so to speak. For those without cars, there will be a route from the 238th station in the Bronx to the Diner.

Comments are welcome. P.S. Route marking may not be desirable as there is an abundance of markers in the area leading in all directions.



" ROCKERFELLER ESTATE RIDE " ( AKA - The Orange Brigade ) \*\*

Most all of our Westchester rides go North & East. This Rockerfeller Estate ride covers an East to West direction. At one point in the ride you can see the Long Island Sound, and at the extreme Western end of the ride you can see the Hudson River. The entire trip is 42.8 miles. To date we have taken this ride twice. The first time was the day after Thanksgiving 1975 ; we had 12 riders. The second time was the Saturday after Christmas 1975 ; we had 5 riders. We are scheduling it again this month to give more people an opportunity to evaluate it, If it proves successful a third time, then we ' d like to plan a warm weather picnic with this ride.

The trip starts at the Milkmaid in White Plains & moves out to the East & then North. After 6 miles we proceed Westerly for 11 miles. This takes us up through North White Plains to the Kensico Dam ( approx. 100' high ) in Valhalla. ( This would be a perfect spot for a picnic in the summer. ) Further on we do a little hill climbing to a beautiful cemetery. ( Anyone who can 't go on, arrangements can be made for permanent accommodations. ) For the next few miles there are some very gentle, rolling, down hills past a very modern business complex that has a glass corridor passing over our route that connects buildings on both sides of the road in a beautiful country setting. ( A Camera Bug's Delight ) About a mile up the road we come to the Tarrytown Lakes. If the present cold weather persists these lakes should be frozen & perfect for ice skating & ice fishing.

We have now arrived at Vice President Rockerfeller 's Estate. It is completely fenced in on both sides of the road with 12' high chain-link fence. The animals that roam about freely come right up to you to be fed. If there is any snow on the ground you should see them. We make an 11 mile loop through his estate & the surrounding town of Briarcliff Manor & come back to the Tarrytown Lakes B/4 proceeding West & then South back to the Milkmaid.

On the way back we get our glimpse of the Hudson River & move right past the recently built Westchester Premier Theater, built in the round, which is Westchester 's answer to the Broadway Theater in that the top talent of all kinds appears there. Beyond Tarrytown we weave South through Elmsford & Hartsdale to Scarsdale where we boast of many beautiful homes; ( Female riders will especially appreciate this part of the tour. ) & finally into White Plains & the Milkmaid.

The whole trip took about 5 hrs including approx an hour for lunch & another ½ hr to settle Fred Doby down - something he ate ""

So we are looking for a large turnout. Everyone is invited, especially the women. We guarantee that everyone will be cared for. No one will be left behind no matter how casual your pace. WINTER RIDING is a much more sociable experience than summer riding, at least from our experience in Westchester.. Try it " You may like it ""

\*\* ( AKA - The Orange Brigade )

We are trying to develop some data on the correlation between the color ORANGE & its effect on our safety on the road. Therefore, would everyone please wear an orange hat or an orange jacket or both. If this request imposes any problems on anyone, please come anyway.

Ray Cartier

914 - 472 0216



TIME 4 DUES



## Minutes Of Last Meeting

Two guests from Los Angeles, George Gilbrech and Arthur Rosman, after reading about our club in Bicycling Magazine and meeting one of our members while riding in Calif. attended our January meeting while in New York on business. Sorry George and Arthur won't be around to ride with us.

Ron Kahn asked the leaders to report on rides held during January which certainly was a full and eventful cycling month. Interspersed were pros and cons re use of rollers at home, Staten Island rides and a variety of suggestions for keeping fingers and toes warm during winter riding. Several "cyclopaths" reported on the joys of riding on Christmas and New Year's Day and, of course, more was heard about the midnight rides of Jimmy (Paul Revere) Rex. Jimmy suggested that in the future the Bridgehampton ride be listed as a regularly scheduled ride.

Irv said that an up-to-date financial report would be forthcoming, adding that the greatest expenditure is for the monthly bulletin. Sam Freedman reported that since December 22nd, we have acquired ten to fifteen new members. Welcome!

Irv commented briefly about 1976 Great Eastern Rally (GEAR) to be held in Syracuse over Memorial Day weekend. While most members present plan to attend, there seemed to be little interest in reserving a block of rooms but more detailed information will be forthcoming in the next several months. Marie extended New Year's greetings to all from Cec and Larry Benson who have been unable to do much cycling in rainy Seattle. We miss you, Larry and Cec!

Bill Hoffman reported on new developments in LAW. It also seems that City legislation requiring registration of all bikes is imminent.

Stu Shackman conducted a very animated and exciting auction. (Stu missed his vocation, he clearly would make an excellent and irresistible salesman). Several other members, Leo Hirsch, Bob Herzfelder. Les Bercow and Ernie Lampeter also sold some good items.

The meeting ended on a beautiful visual note - Stu Shackman shared with us the lovely slides he and Jerry Koshar took on a recent trip to Colorado which included a national bike race and magnificent shots of snow peaked mountains, rolling valleys and streams and several endless, endless hills.

\* \* \*

The Board of Directors met on January 20th and formulated plans for a change in meeting place, arrangements for GEAR, a club shirt, possible collaboration and locations for 4th of July and Labor Day weekends, an innovative and varied rides program, time trials, award to outstanding ride leader in 1975, a new membership card and recruitment program. You will hear more about these as definite plans are implemented.



## F E B R U A R Y   M E E T I N G

### C H A N G E   I N   R E S T A U R A N T   A N D   D A T E

In response to many requests for a change in meeting place, the Board of Directors has decided to hold the February meeting at RINALDO'S RESTAURANT, 32 East 32nd Street, between Park and Madison Avenues. Parking on streets and avenues is available, as is access to public transportation.

The arrangement is somewhat different in that after you proceed up a flight of stairs to a private dining and meeting room, a restaurant employee will greet you and ask you to select one of four entrees. At that time, you will be asked to pay your bill, receive a receipt and at approximately 7 p.m. dinner will be served to everyone by several waitresses. For the sake of efficiency, orders cannot be taken after 7 p.m.; those of you who arrive later may have dinner downstairs and then join us upstairs at 7:45 p.m. for the meeting. The price of a complete dinner, ranging from \$6.00 to \$7.50, will include entree, vegetable, potatoes, salad, dessert, coffee, 8% tax and 15% gratuities. A service bar will be available for your use. The Board had dinner at RINALDO'S and the vote was unanimous - the food, the service and the ambiance is delightful.

Of utmost importance, please note that the February meeting will be held at RINALDO'S on the SECOND THURSDAY - FEBRUARY 12th.

The Board has worked hard to find a restaurant that it feels will more meet your satisfaction and we now ask that those of you who have not, in the past, attended our meetings at Molfeta's, make a special effort to join us at RINALDO'S. We have heard your complaints and have done something about them; now we hope that many more of you, in turn, will indicate your support of our efforts by attending this meeting. On the basis of our experience and your reaction to RINALDO'S on FEBRUARY 12th, the Board will decide whether we will continue to meet there.

We look forward to seeing many more of you at RINALDO'S on THURSDAY, FEBRUARY 12th.

The Board of Directors

**DUES ARE DUE**

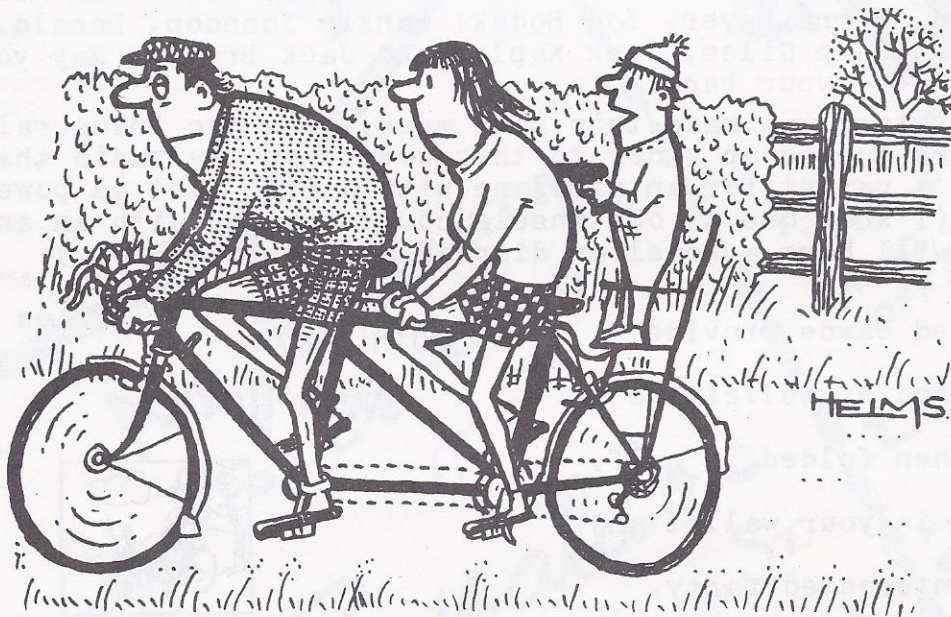


## The "Prez" Sez



As a result of Marie Caldiero's diligent work, we will enjoy our Dinner-Meeting-Social at Rinaldo's Restaurant this month. It has many pluses in its favor, including food, decor and staff efficiency. Although I consider the prices to be reasonable for what we will be getting (not even counting the bonus of a nice meeting room), I am concerned that some members will be deterred from attending future meetings because of the price. (I understand that there are some members who do not buy CAMPY equipment either.)

Before the March meeting we must decide whether to return to Molfetta's or to move our future meetings to Rinaldo's. Since we want the Club's decision to be as representative as possible, do come to the next meeting at Rinaldo's (full details in Marie's announcement), participate in the fun and food, and share your views with the rest of us. Everbody's opinion is important. I would like to see you there.



"TURN back and take this tandem to that ice-cream van."

## For Sale Or Trade

For Sale --- Raleigh Professional Mark IV frame, 22½", Silver/Black frame fork, Campi headset, \$165.  
Contact Jim Long (516) 928-0619.

For Sale --- Ladie's 23" Atala 101 Professional with touring gears and upright bars, \$200.  
Call Helen Bashkin 673-3596.



"It's not second hand—it's pre-owned."



# CYCLING SHORTS

Everyone is in for a real treat at our next meeting at Rinaldo's . We tried it out for size this week and it looks like a good fit. Bring your shirts and jackets for another silk screen stencilling session. Ron Kahn will provide the entertainment for the evening, with a slide show of his cross country trip.

I've been wearing Totes Rubbers these past few "Chilly" weekends and I find, they really due the trick. My only problem now is "tire trouble", I tire very easily.

The New York Cycle Club welcomes the following new members: Michael Nelson, Ted Wiener, Harry Rutten, Beatrice Levine, Robert L. Meltzer, Phillip Holland, Myrna Meyer, Lou Bodak, Rankin Johnson, Donald R. Baker, Steve Bauman, Phillip Giles, Jack Kaplan and Jack Brover. May you always have a tail wind at your back.

Aviation history was made this past week, with the inaugural flight of the SST. I heard a back-up story to this event, on the radio that morning. A man received a patent for an airplane with a prop that is powered by bicycle pedals. (I knew one of our wheels could come up with an answer to the SST. Maybe he will have a model on display at the Bike Show.)

The enclosed cards provide a convenient method of soliciting new members. When folded in half, it can be kept in your wallet and given to any interested party, you might meet in your travels.

For additional cards - Contact Sam

JOIN THE  
New York



Cycle Club

## DUES ARE NOW DUE!

Please fill out form below  
and enclose check for '76 Dues  
\$5.00 - Individual  
\$8.00 - couple

Mail to: Samuel Freedman  
400 Central Park West  
Apt. 8R  
New York, N. Y. 10025

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_  
STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
PHONE \_\_\_\_\_